



ਸ੍ਰੀ ਸ੍ਰੀਗੁਰ ਖਰ ਅਮਰ ਜੀ ਸੁਰਨ ਨਰਨ ਦੁਖ ਘਰਨ
ਕਾਰਨ ਕਰਨ ਸੁਜਾਨ ਮਨ ਨਮਸਕਾਰ ਤਿਨ ਚਰਨ ॥੯॥

GURGADHI

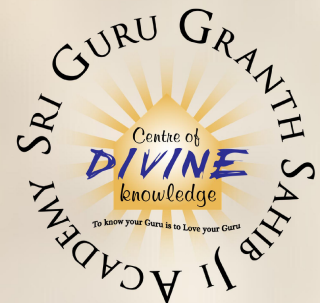
SRI GURU AMAR DAS JI

"The true Guru, Sri Guru Amar Das Ji vanishes the pains of
all those who come to His sanctuary, **1**

I bow down to the pure feet of Sri Guru Amar Das Ji, He who is the doer of
all causes."

Churamani Kavi Santokh Singh Ji

SRI GURU GRANTH SAHIB JI ACADEMY



ਘਨਹਰ ਬੂੰਦ , ਬਸੁਅ ਰੋਮਾਵਲਿ ਕੁਸਮ ਬਸੰਤ ਗਨੰਤ ਨ ਆਵੈ ॥

The raindrops of the clouds, the plants of the earth, and the flowers of the spring count never ends .

ਰਵਿ ਸਸਿ ਕਿਰਣਿ ਉਦਰੁ ਸਾਗਰ ਕੋ ਗੰਗ ਤਰੰਗ ਅੰਤੁ ਕੋ ਪਾਵੈ ॥

Although the count of the rays of the sun and the moon, the vastness of the ocean and waves of the Ganges is impossible to be quantified yet it would be possible (in comparison to the virtues of Guru Amar Das Ji)

ਰੁਦ੍ਰ ਧਿਆਨ ਗਿਆਨ ਸਤਿਗੁਰ ਕੇ ਕਬਿ ਜਨ ਭਲ' ਉਨਹ ਜੋ ਗਾਵੈ ॥

The depth of Rudra's concentration and extend of spiritual wisdom of the True Guru, says servant BHALL the poet, and those who sings their praises, yet;

ਭਲੇ ਅਮਰਦਾਸ , ਗੁਣ ਤੇਰੇ ; ਤੇਰੀ ਉਪਮਾ , ਤੋਹਿ ਬਨਿ ਆਵੈ ॥੧॥੨੨॥

Dear Guru Amar Daas of Bhalle clan, Your Virtues and praises can only be comparable to You alone (as there is no other as great as You in the past, present nor will be in future) ||1||22||

(Sri Guru Granth Sahib Ji – Ang 1396-8, ਸਵਈਏ ਮਹਲੇ ਤੀਜੇ ਕੇ)



SPIRITUAL QUEST

- Baba Amar Das Ji's age has reached 52 years. He was a very hardworking, decent and honest gentleman.
- After spending half a lifetime in striving to earn a decent household living in Baserke (13 kilometres south-west from Cherta in Amritsar district), Baba Amar Das Ji realized that life was just passing by without any advancement in spiritual life. He made the following resolutions;
 1. To make life more meaningful.
 2. To search for the truth while alive
 3. To avoid any dishonest activity
 4. To attain righteousness as life is influenced by happiness or sadness which then adds to Karma that causes a person to be subjected to the cycle of reincarnation endlessly.
 5. To prepare for death which will approach with the horrific angels of death (Jamdooth) snatching the soul out of the body, by that time it would be too late to regret.
 6. To avoid wasting the lifetime in the pursue of worldly materials and deeds.
- Babaji decided to quest for spirituality by visiting and meditating at sacred places.



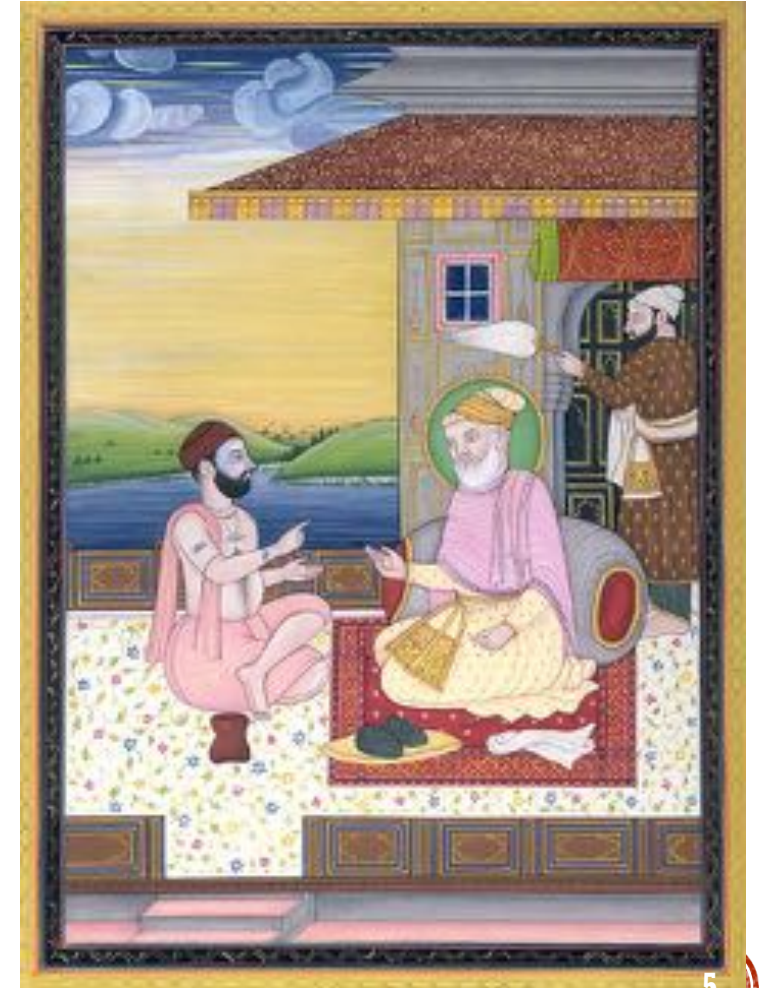
PILGRIMAGE TO GANGA

- Baba Amar Das ji decided to visit the shrines build on Rives Ganges bank (**Haridwar**) once in every six months in order to fulfil his quest.
- He used to walk barefoot all the way and performed rituals
- At the banks of ganga He would sit in meditation without any desire for rewards.
- He became free from greed, anger and lust and developed a blissful life
- He used to stay six (6) months at home and continue with his pilgrimage for 20 years.



PANDIT DURGA'S PROPHECY

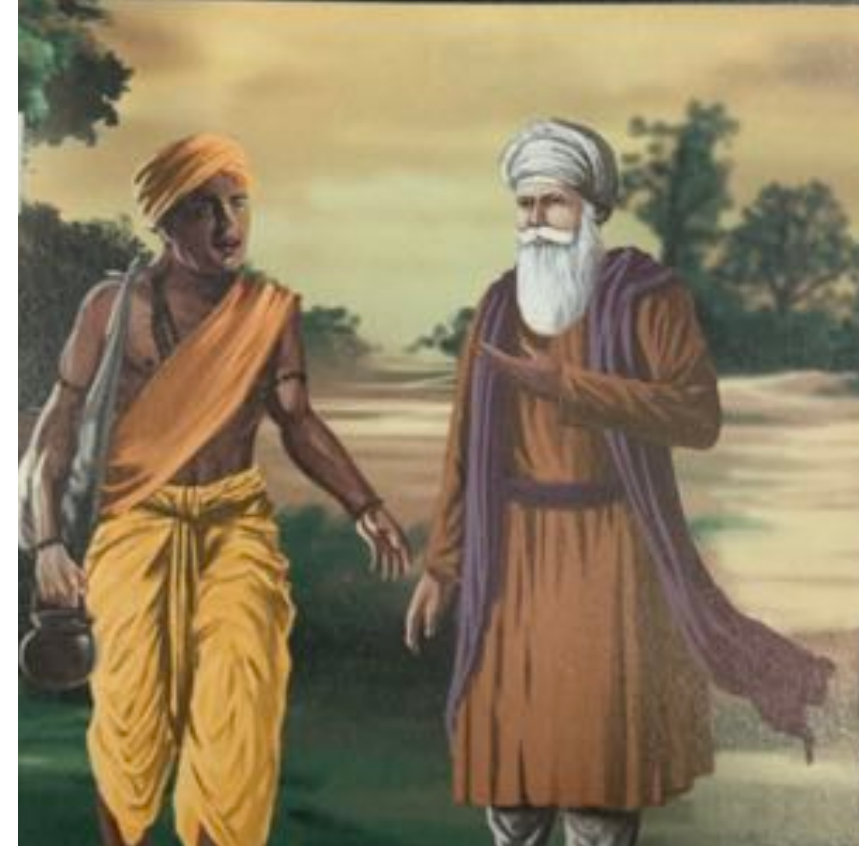
- Baba Amar Das Ji was on the twentieth trip back from the Gangga River (by now His age was 70)
- At Village Mihrra - There lived a famous Brahmin from the Thambi lineage known as Durga who offers lodging for pilgrims
- Pandit Durga possessed knowledge of astrology and palmistry.
- Baba Amar Das Ji was taking rest, the astrologer Pandit Durga was pleasantly surprised to observe the lotus mark (charan padam) on the feet of Baba Amar Das Ji.
- Pandit carefully observed and concluded that Baba Amar Das Ji is either a manifestation of the Almighty Himself or a *Chakarvarti* (one who owns universal sovereignty) emperor who wields authority in all directions.
- When Pandit revealed his observation, Baba Ji offered some cash donation which the Pandit politely declined saying that he would want to receive a handsome offering only when Baba Ji had reached the height of His glory and greatness



MEETING A BRAHMCHARI (A CELIBATE MONK)

- On the completion of 20th pilgrimage, Baba Amar Das Ji's met a Brahmchari Sadhu on His way back home.
- Baba Ji brought the Sadhu home.
- In the evening while sitting on the attic a conversation on their spiritual quest took place;
- Sadhu : Who is your Guru?
- Baba Ji : I have not embraced any Guru yet
- Sadhu : Whose Mantra do you meditate on?
- Baba Ji : I meditate on God without any mantra.
- Sadhu : *Angrily said* 'All my religious practices has gone waste as I did company of a Ni-Gura (one who is without a Guru)'.

▪ He left the Baba Amar Das Ji's house in great distress and disappointment



ਝਝੈ ਕਦੇ ਨ ਝੁਰਹਿ ਮੂੜੇ

ਸਤਿਗੁਰ ਕਾ ਉਪਦੇਸੁ ਸੁਣਿ ਤੂੰ ਵਿਖਾ ॥

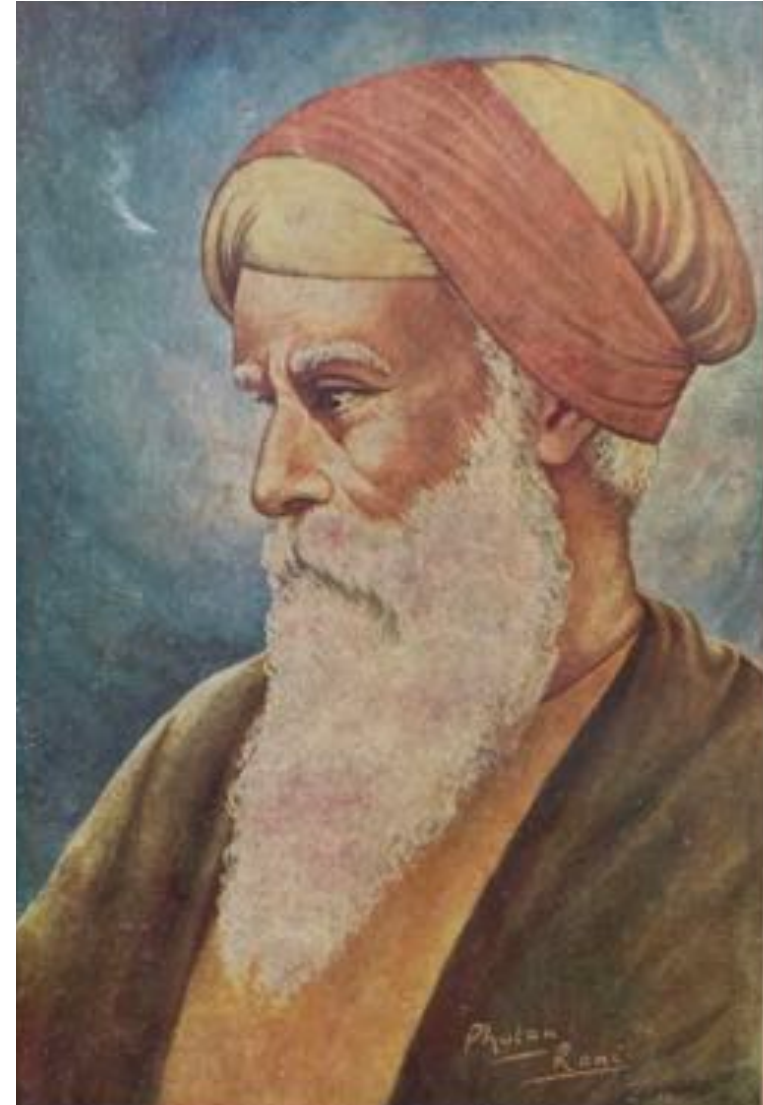
Jhajha: You shall never have to regret and repent, you fool, if you listen to the Teachings of the True Guru, for even an instant.

ਸਤਿਗੁਰ ਬਾਝਹੁ ਗੁਰੁ ਨਹੀ ਕੋਈ

ਨਿਗੁਰੇ ਕਾ ਹੈ ਨਾਉ ਬੁਰਾ ॥੧੩॥

Without the True Guru, there is no Guru at all; even uttering the name of the one who is without a Guru is a curse. ||13||

Sri Guru Granth Sahib Ji ~ (੪੩੫-੧੦, ਅਸਾ, ਮਃ ੩)



SEARCH FOR SATGURU



- That day onwards Baba Amar Das Ji was very disheartened and the quest to meet a True Guru was carved deep in His heart.
- ❖ He prayed with great humbleness before Almighty to grant His wish.
- ❖ Consuming food was no more desirable and sleep was abandoned.
- ❖ The only objective of living, and that was to continually pray to attain a True Guru.
- ❖ Tears endlessly flowed from His eyes.
- ❖ Later, He undertook a vow to remain without food and sacrifice His life until the true Guru bestowed His blessings upon Him.

GURBANI – AT THE AGE 72

- One morning, while churning butter milk, Bibi Amro Ji was reciting Guru Nanak Dev Ji's hymns (Gurbani) with full concentration. (Note: Bibi Amro was the daughter of Sri Guru Angad Dev Ji married to Baba Amar Das Ji's nephew Bhai Jeso who was the son of Guru Amar Das Ji's younger brother, Manak Chand)
- Baba Amar Das Ji heard Gurbani for the first time during Amritvela.
- The guilt feeling dissolved from within
- He was awakened in enlightenment.
- Baba Amar Das Ji said, "My dear daughter please do recite the Gurbani Shabad once again. I felt dead earlier but after hearing this shabad I'm resurrected. It's like I've been given nectar (amrit) and I have got a second chance to live. That's a great help to me". Bibi Amro was overwhelmed to oblige. Thus, she recited again;



The first Shabad of Sri Guru Nanak Dev Ji that changed Baba Amar Das Ji's life.

ਮਾਰੂ ਮਹਲਾ ੧ ਘਰੂ ੧ ॥

Maaroo, First Mahl, First House:

ਕਰਣੀ ਕਾਗਦੁ ਮਨੁ ਮਸਵਾਣੀ
ਬੁਰਾ ਭਲਾ ਦੁਇ ਲੇਖ ਪਏ ॥

karnee kaagad man masvaanee buraa bhalaa du-ay laykh pa-ay.
Actions are the paper, and the mind is the ink; good and bad are both recorded upon it.

ਜਿਉ ਜਿਉ ਕਿਰਤੁ ਚਲਾਏ ਤਿਉ ਚਲੀਐ
ਤਉ ਗੁਣ ਨਾਹੀ ਅੰਤੁ ਹਰੇ ॥੧॥

ji-o ji-o kirat chalaay ti-o chalee-ai ta-o gun naahee ant haray. ||1||
As their past actions drive them, so are mortals driven. There is no end to
Your Glorious Virtues, Almighty. ||1||

THIRST OF THE GLIMPSE OF THE GURU

- Upon listening to the shabad again, Baba Amar Das Ji pleaded to Bibi Amro to take him to meet the Guru Ji.
- Baba Amar Das Ji - “My dear daughter, please listen to me and do me a favour; please take me to your father. I can’t bear not seeing Him. Please take me there. I’m old and alone, I have no one else in this world, I have no knowledge and I have no abilities. Oh my dearest daughter, you have saved me from dying and have given me a new life”.
- Bibi Amro : Baba Ji, you are the senior member of this family, why wouldn’t I listen to you? I always go back on my father’s (Guru Angad Dev Ji) invitation.
- Baba Amar Das Ji : “You need not worry, because the Satguru, the true Guru knows every reason of what ever is happening. The Satguru never gets angry. After He sees my love for His darshan (glimpse), He will keep me with Him as His servant and He will show me the path to salvation.”



MEETING GURU ANGAD DEV JI

- Bibi Amro and Baba Amar Das Ji left for Khadur Sahib.
- At Village Chivar Bibi Amro said - “Oh my dear father, it would be better to wait here near the village, I will first go the house and see my father, and then I will take you there. I will ask for permission for you to see Him and then if He allows you can stay with Him”.
- Upon reaching, Guru Ji asked Bibi Amro, “I didn’t call for you, so how come you are here? What is the reason for your visit? Why didn’t you bring along the person who came along with you from Baserke?” Bibi Amro went back to invite Baba Amar Das Ji.
- Guru Ji stood up in respect to hug but Baba Amar Das fell on His feet and said “Today I came as a servant and not as a Kurram (daughter’s father-in-law). I’m not worthy of Your embrace please accept me as your servant”. After asking Guru Ji about the well being of the family, Baba Amar Das Ji asked Baba Amar Das Ji to sit beside Him.



PASSION FOR SAT PERSHAD



- The following day, Baba Amar Das Ji, joined the *panggat* (a practice to sit on the floor to consume food), He thought, “Guru Angad Dev Ji is the “pooran” (perfect) Guru, He would surely know what is going in my mind now, and He will give me the remaining food from His plate without me asking Him”.
- When Guru Angad Dev Ji had his langgar He knew what was in Baba Amar Das Ji’s mind. Once He was finished with langgar, He called one of the sewadars and told him, “Pass on my plate with this remaining food to the person sitting over there (Baba Amar Das Ji). He had desired to eat the remaining food”.
- Baba Amar Das Ji from that day onwards remains in solidity and perform intense meditation for a few days.

SELFLESS SEWA

- Soon after meditating Baba Amar Das Ji was enlighten to serve the True Guru. He immediately, without hesitation (as he was in a respectful position of being the senior of the boys side where Guru Ji's daughter was married) joined the other volunteers in preforming the most difficult services. All day long he strive to serve the sanggat and Guru Ji.
 - Serving Water for Sat Sanggat in Guru Ka Langgar.
 - Deliver Fire woods for Langgar
 - Water for Guru Ji's Ishnaan - The first day He walked bare footedly backward intending not to turn His back to Guru Ji till the border of Khadur Sahib which was approximately 7.4 km and continued to walk bare footedly for another 2.4km to Bias River.



12 YEARS OF SEWA

After one year of selfless sewa, Guru Angad Dev Ji blessed Baba Amar Das Ji with 1.5 meters of cloth. He took the cloth and tied it on His head, treating it as Guru Ji's blessing.

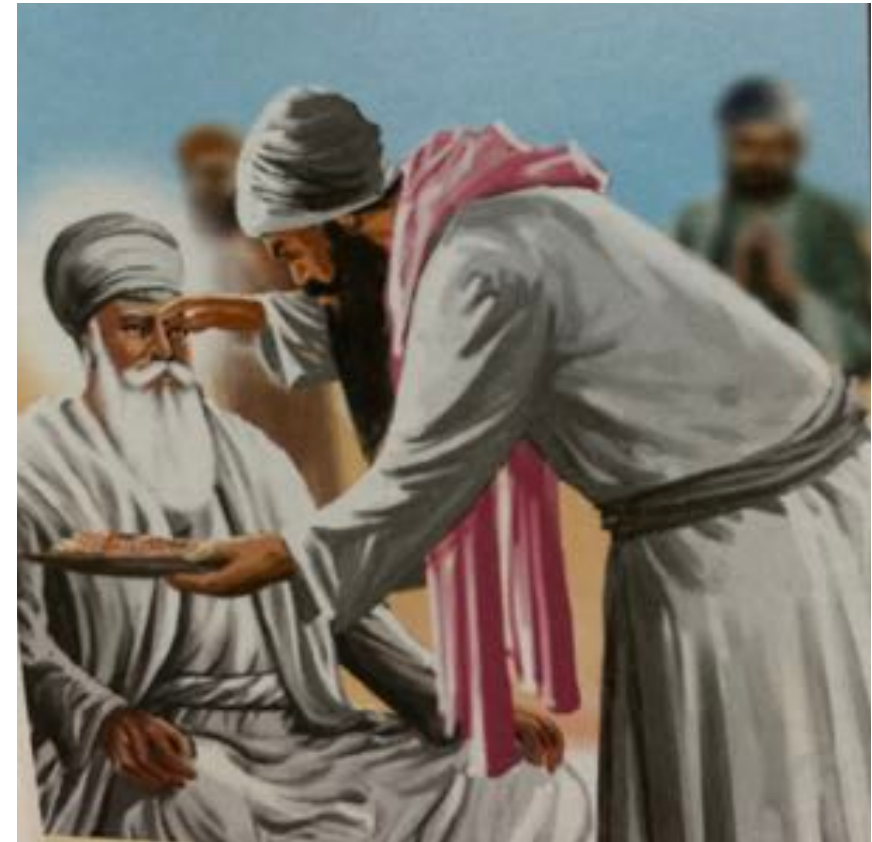
- Langgar Sewa
- Water for Langgar
- Washing Dishes
- Cleaning Guru Ji's Room
- Fanning the Divan Hall and Langgar Hall
- Fanning Guru Angad Dev for the whole night while He is resting

Although Baba Amar Das ji used to serve selflessly without a minute of rest, Guru Angad Dev Ji never used to acknowledge nor speak to him



ELEVENTH YEAR OF SEWA

- ❖ Small is His body, yet His strength is exempted. His hair has turned white and skin turned sluggish, but yet He does immense sewa. He brings water for Guru Ji in the early hours of the morning and will bathe Guru Ji with love. Hot or cold, summer or winter, rain or shine, all this does not affect Baba Amar Das Ji's sewa for Guru Ji. With great devotion and sacrifice He carries out the sewa.
- ❖ Guru Angad Dev never spoke with Baba Amar Das Ji for all these years
- ❖ The public taunted that Baba Amar Das Ji was chased out from His house, He does not have any money with Him. Guru Angad Dev Ji provided Him with shelter and food. Everyone has disowned Him. That's the reason He is so quiet. He is without shelter, and devoid of respect. Day and night He just loiters around and does some sewa. He is only here to consume food and never longs for anything else. He has the fear deep in His heart of being chased out of here, as such obeys everyone's instructions. Baba Amar Das never used to retaliate as he was immersed in sewa and Simran



RAINY COLD WINTER

- Once, during His routine in the wee hours, Baba Amar Das was carrying the pitcher in a rainy winter he slipped after he accidentally kicked the stump and fell into the pit at a Julaha's (weaver caste) house but he did not let the pitcher drop;
- Julaha said: Who is outside there? Who fell, are you a thief or someone else? Please give us an answer”.
- Baba Amar Das Ji replied : “I am Guru Ji's servant, I am carrying water for Him.”



RAINY COLD WINTER

- Julaha : Who can be there in this cold weather and darkness? It is raining and heavy clouds are all around. It is also so muddy outside
- Julaha's wife said "At this hour there can be no other than the homeless 'Amru' who is wandering around. He does not rest in peace; hence He is wandering around as He is homeless. He always eats till His stomach is full and doesn't talk to anyone. He has left His home, puts up with people's teasing and lives close to the Tapa (Guru Angad Dev Ji). He is shameless and has no regard for what people say about Him."



THE SPEECH OF BABA AMAR DAS JI

- Baba Amar Das Ji: “I was homeless before embracing the True Guru but now I’m not homeless. I do serve my master Guru Angad Dev Ji who is the greatest. You are saying this because you are crazy (*kamli*), you don’t even have the awareness of the greatness of the giver/bestower of gifts to the universe.”
- The Julaha’s wife at that instant became crazy and Baba Amar Das continued His service.
- Later, the Julaha brings His wife to Guru Angad Dev Ji and knowing the situation called Baba Amar Das Ji to explain.
- Baba Ji said, “She called me homeless, which is true. As long as the mind doesn’t recognize the real-self (Atma), one is truly “homeless. It (the mind) does not know its abode (home) as such wanders aimlessly. However when the ‘Julaha’s wife doubted the true Guru Ji’s sewa, I was not able to take it and called her crazy (*kamli*).”
- Guru Ji instructed the Julaha to get the dust from Baba Amar Das’s feet and rub on the forehead of his wife. Upon doing so, she became normal again.



12 BLESSING

Sri Guru Angad Dev Ji then blessed Baba Amar Das Ji with the following boons:

1. The Honour of the Unhonoured;
2. The Strength of the strengthless;
3. The Home of the Homeless;
4. The Respect for those who have none;
5. The Support for Unsupported;
6. The Hope for Hopeless;
7. The Calmness for Calmless;
8. The Prophet of all prophets;
9. The Time for Timeless;
10. The Liberator of the Captives;
11. The Protector of the Unprotected;
12. The Benefactor of poor

ਸ੍ਰੀ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ ਨੇ
ਸ੍ਰੀ ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ ਨੂੰ ਦਿੱਤੀਆਂ ੧੨ ਬਖਸ਼ਿਸ਼ਾਂ

ਨਿਮਾਣਿਆਂ ਦੇ ਮਾਣ
ਨਿਤਾਣਿਆਂ ਦੇ ਤਾਣ
ਨਿਓਣਿਆਂ ਦੀ ਓਣ
ਨਿਆਸਰਿਆਂ ਦੇ ਆਸਰੇ
ਨਿਬਾਦਿਆਂ ਦੇ ਢਾਵ
ਨਿਲੋਜਿਆਂ ਦੀ ਲਜ
ਨਿਪਤਿਆਂ ਦੀ ਪੋਤ
ਨਿਕਰਿਆਂ ਦੀ ਕੱਠ
ਨਿਧਿਰਿਆਂ ਦੇ ਧਿਰ
ਨਿਬੀਰਿਆਂ ਦੀ ਬਜਿ
ਨਿਰਜੋਰਿਆਂ ਦਾ ਜੋਰ
ਪੀਰਾਂ ਦੇ ਪੀਰ

ONENESS

Guru Ji continued, now we are one and there is no difference between us, You are the same as me.

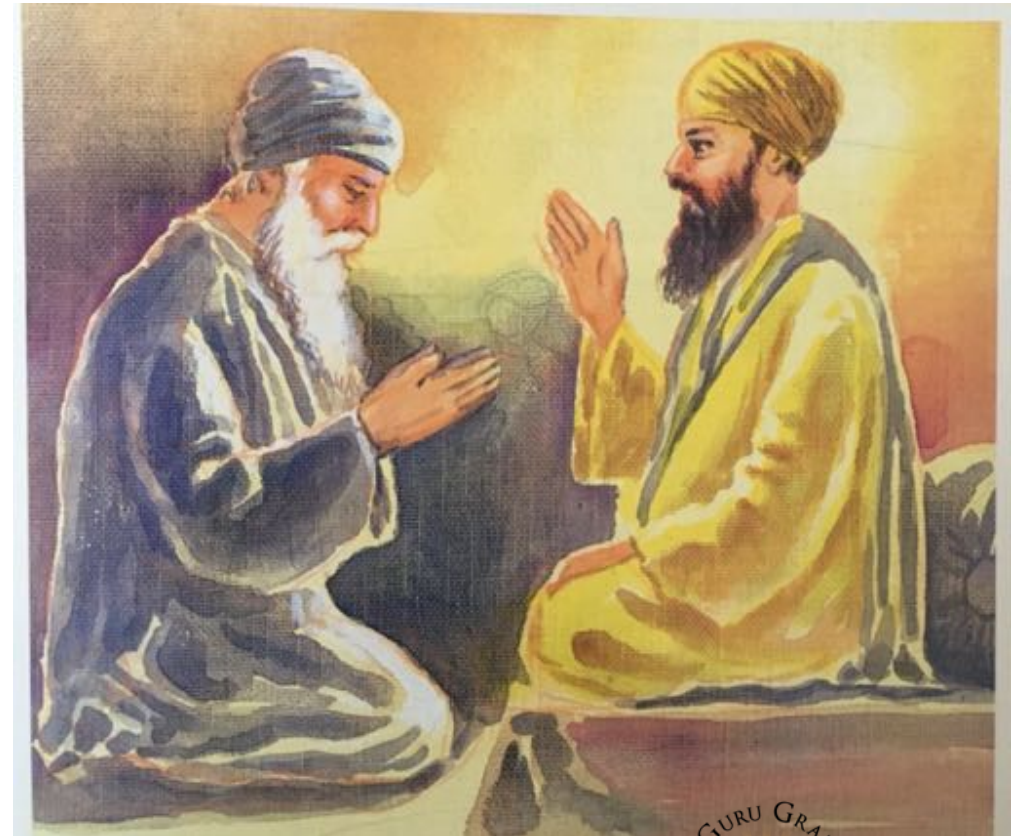
1. Just as when another river meets with Ganges it becomes Ganges;
2. like the rain drop that meets the ocean and becomes the ocean itself, now we are the same.
3. When a spark/flame meets the fire it becomes the form of fire,

we are the same and there is no difference between us.



LOVE FOR THE GURU

- Guru Angad Dev assigned Baba Amar Das Ji to develop Goindwal after the land was free from evil spirits and same donated by Bhai Gonda Ji.
- After some time in Goindwal Sahib, Baba Amar Das Ji developed intense longing for the glimpse of Guru Angad Dev Ji.
- Baba Amar Das Ji used to contemplate within that how can one achieve any peace without having a glimpse of Guru Ji's darshan?
- Guru Angad Dev Ji, The Knower of All, came Himself to Goindwal.
- Guru Angad Dev Ji said to Baba Amar Das Ji "You are one with me, there is no difference between you and me. You are my image. You are always in my thoughts. I have a lot of love for you. Contemplate on spiritual knowledge. Put aside all other thoughts. Let go the love for your body and accept it as false. Let it go as it is not lasting. Whatever takes birth will one day die. So think of it as false and let it go.



RESPECT FOR THE GURU

- One day, Guru Angad Dev Ji visited Goindwal sahib and while having a stroll, Guru Angad Dev Ji held Baba Amar Das Ji's right hand in His left hand. After walking quite a distance, unintentionally Baba Amar Das Ji's left arm swung just a few inches leading Guru Ji.
- Seeing this Guru Amar Das Ji became very worried. He believed that He had committed a serious offense by disrespecting His beloved Guru Angad Dev Ji.
- "I cannot think of this arm as mine, it has committed a sin by leaving Guru Ji behind. I will never utilise this arm and never ever claim this arm as mine. As long as I am here in body on this earth, I will not do any work with this arm."
- He immediately lifted His left arm and placed it on His chest and kept on walking with Guru Ji. Since that the day, Baba Amar Das Ji completely ignored His arm by fastening it permanently with a sling to His chest.
- Before leaving Goindwal, Guru Angad Dev Ji while releasing Baba Amar Das Ji's arm sling, uttered Dhan (Great)! Dhan (Great)! Baba Amar Das Ji.



PRIDEFUL TAPPA

- Once there lived a local holy man (*Tappa*) in Khadur Sahib. He had developed envy on Guru Angad Dev Ji on the grounds that Guru Ji is getting all the locals as his devotees leaving him isolated and without a function.
- To regain back his influence, he used the extreme dry weather which was killing the corpses of all the Khaira Jatts. He called all the local farmers and told them that till Guru Angad Dev Ji is not told to leave this village, the dry weather and drought will continue.
- The farmers got under his influence and requested Guru Ji to leave and Guru Ji accepted their wish but the weather did not improve.
- Baba Amar Das Ji could not help digest this fraud. So he called the farmers and told them that the farmers have till sunset to bring the Tappa wherever in their farmland and rain shall shower.
- The desperate farmers got frantic and started to drag Tappa. Wherever the Tappa went, rain showered but as time was limited and the land which required the water was vast, they started to pull the Tappa in all direction.
- This dismembered Tappa into many pieces. Upon knowing this incident, Guru Angad Dev Ji was unhappy and Baba Ji pleaded for forgiveness.



THE TOUCH OF SALVATION

- One day, while Baba Amar Das Ji was walking backwards like always to fetch water from the river, His foot stepped on a bone of a human being.
- Upon this touch, the sinful person to whom the bone belonged to, was liberated from hell. He was made free from all the painful punishment.
- While the others watched in amazement, his soul took the form of a human body and liberated .



❖ On the faithful day of **Chet Sudi 1, 1609 Bk. (1552AD)** at the age **82 Years 11 months 10 days**

Guru Angad Dev Ji said to Baba Amar Das, “**Dear beloved Baba Amar Das! Listen, now You come and sit in my place. This is the great throne of power and righteousness, sit on it and spread enlightenment.**”

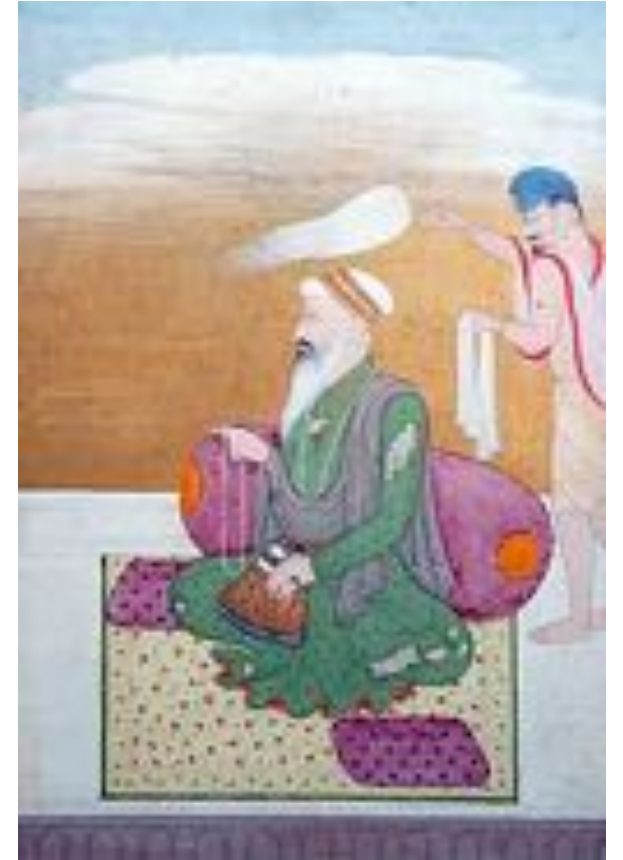
❖ Then, Guru Angad Dev Ji told the Sikhs to give Baba Amar Das Ji new clothes and then Guru Ji called upon Baba Buddha Ji to put the tilak on Guru Amar Das Ji’s forehead.

INAUGURATION OF GURU AMAR DAS JI



INAUGURATION OF GURU AMAR DAS JI

- ❖ Guru Angad Dev Ji then said, *“Bhagti (devotion), freedom from worldly desires or attachments (Vairag), union with Almighty (Jog) and ultimate knowledge (Tatt Gyan) are the four treasures which are given to You.”*
- ❖ Use them as You wish and bestow these four treasures to those who are worthy. There will not be any want and these treasures will keep increasing.” continued Guru Angad Dev Ji.
- ❖ According to, Sri Gur Pertap Suraj Granth (Raas 1, Ansu 27) the Guruship tilak was marked by Guru Angad Dev Ji Himself



7 DAYS IN SOLITARY

- Guru Amar Das Ji went back to His house in Goindval.
- Guru Ji, the master of needy ones, went up and locked Himself in the attic room (chubara) and started deep meditation.
- Guru Ji never came out and neither did He talk to anyone.
- In His meditation He became one with the ocean of bliss, the Creator of the world.

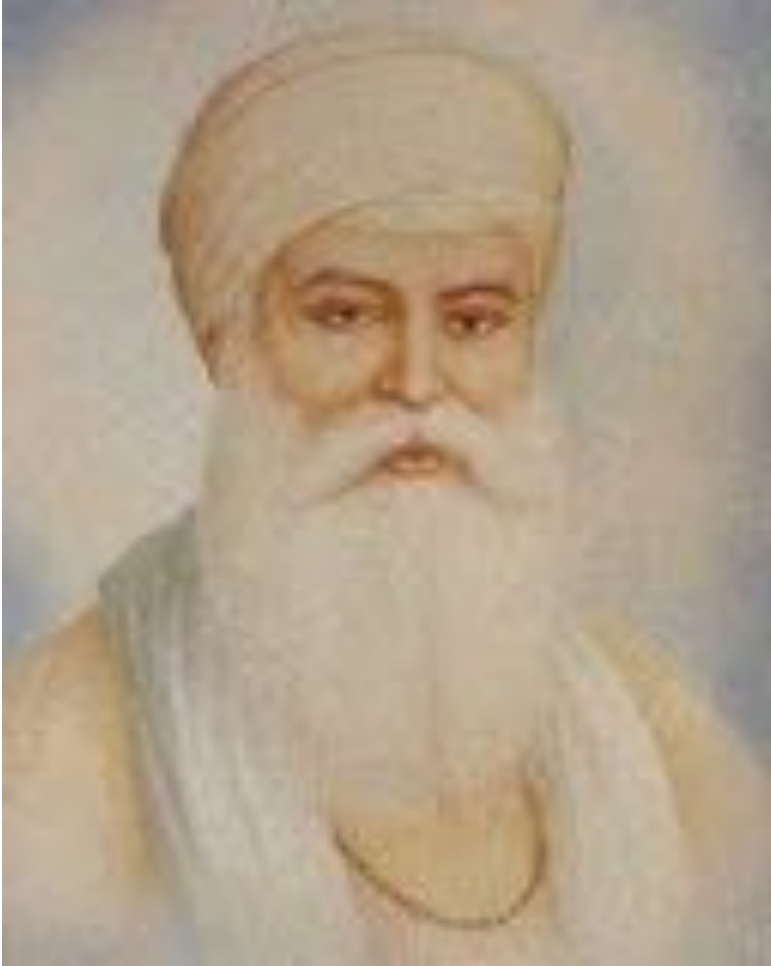


GLIMPSE

- ❖ Sikhs requested Baba Buddha Ji to help them in their mission to bring Guru Amar Das Ji out of solitary.
- ❖ Baba Buddha Ji declined, saying “Guru Ji is the knower of all hearts. He is fully aware of your desire to see Him. When He is ready to shower His mercy on us He will bless us with His darshan.
- ❖ When they could not wait any longer, they decided to seek the help of Bhai Belu Ji who was very close to Guru Ji and stayed in the Guru Ji’s service daily.
- ❖ Bhai Belu forwarded the request of the Sikhs to Guru Ji, “These Sikhs have been eagerly awaiting Guru Ji’s darshan for the past seven days. They are like the lotus flower that wilts without seeing the sun.”
- ❖ After hearing Bhai Belu Ji’s request, Guru Ji told him to set up a tent and lay down carpets and to ask the Sikhs to sit down.



THE RISE



Three hours before the first sight of sunrise, during the amritwela (ambrosial hours) Guru Ji rises knowing this to be the most beautiful time for meditation.

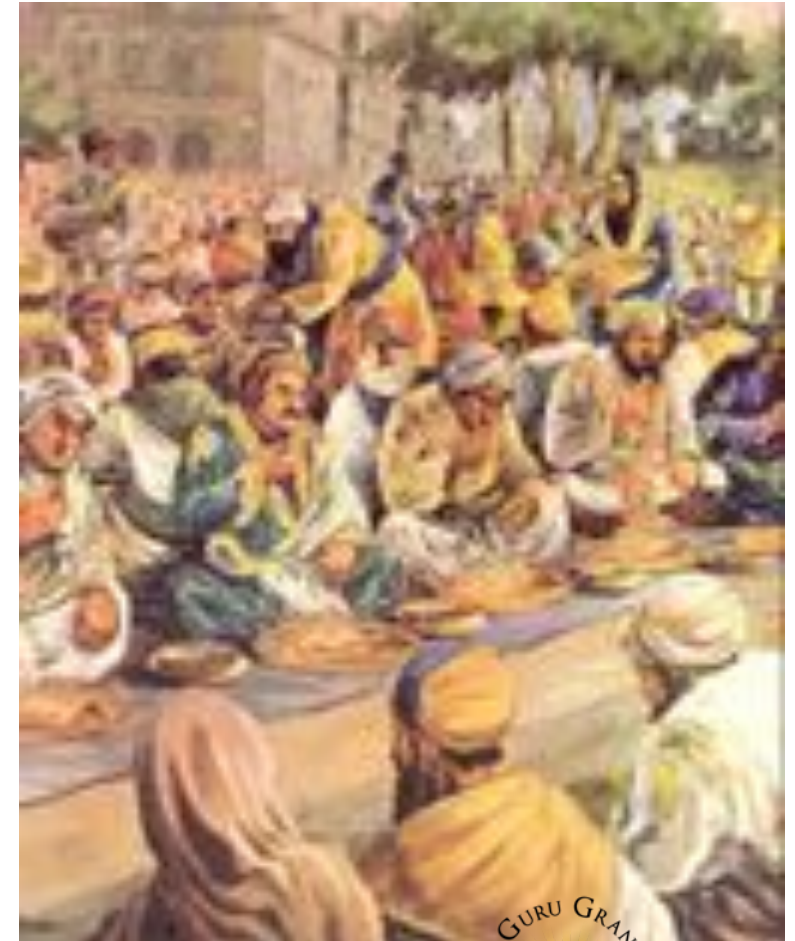
Bhai Belu Ji used to carry a pitcher of the Beas river water in a for Guru Amar Das Ji ishnaan (bath).

Bhai Belu Ji used to help Guru Ji to have His bath. He used assist Guru Ji to wash His hair and beard with yogurt and massaged His body with a mixture of flour, oil and some fragrant material which would make the skin softer.

After a thorough bath to purify the body Guru Ji would change His clothes and then proceed towards the Darbar Sahib.

DAILY ROUTINE

- **Guru Ka Langgar** - Used to be served from early morning throughout the day till mid-night.
- **Chola Sahib** - Guru Ji's robe was always white made of very soft material which is only used once. Guru Ji would change into another robe daily and the used robe was then donated immediately to the needy. In this manner, a new robe was delivered to Guru Ji every morning.
- **Daily Policy** - The donations for Langgar were only accepted in raw food in a quantity which is required for the particular day. Extra food was never allowed to be stored for the next day
- **Donation** – Cash money was never accepted in Guru's Darbar



DAILY LANGGAR POLICY

- Guru Amar Das Ji had given strict instructions to the Sikhs that nothing should be stored for the next day at the free kitchen (Langgar). All the rations that came on that day were cooked completely. Many different varieties of dishes were made and served in the *langgar*.
- Any extra food was given away to the poor and also fed to the animals by 12am. The next day fresh food was prepared with the rations that were donated on that day.
- Even the water in the pitchers was thrown away before 12am.
- Cash Money was also not accepted nor kept in the house.
- Guru Ji wanted the Sikhs to have faith that God would take care of their needs just like He takes care of the needs of the birds in the forest and the beggars on the roads.



PEHLE PANGAT PHIR SANGGAT

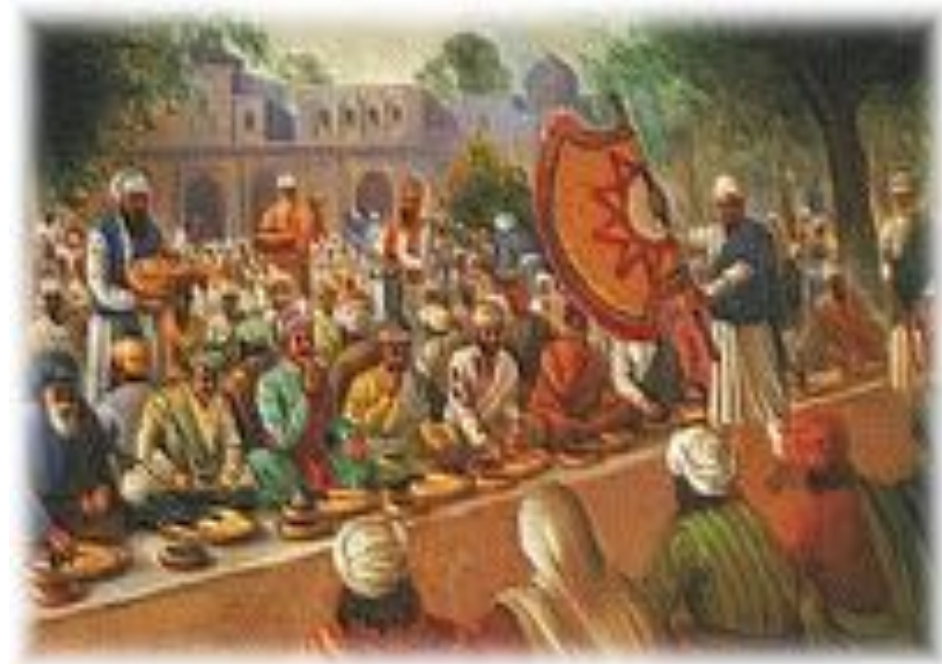
Guru Amar Das Ji made it compulsory for all to partake food in *panggat* (eating food by sitting on ground equally) who wished to have Guru Ji's *darshan* (glimpse) before they were allowed into the Darbar Sahib to meet Guru Ji.

Those who declined to sit together with everyone were not allowed in.

Therefore, the ones who held strong to their beliefs in the caste system went back without having darshan of Guru Ji.

The ones who ate even a bite from the langgar were welcomed to the Darbar and have the Darshan of Guru Ji.

The devoted Sikhs brought rations which were then used to prepare *langgar*.



GLORY OF GURU AMAR DAS JI

- The fame of Guru Ji's greatness spread day by day and the daily Almighty's devotion was revealed before the world.
- Many Sikhs who followed Guru Ji's instructions to recite 'Waheguru' with every breath became enlightened. They attained powers to perform miracles.
- The news of this spread and many people came to Goindwal to settle down. They built their homes and also opened up businesses. Everyone who came did well. They were blessed with health and happiness.



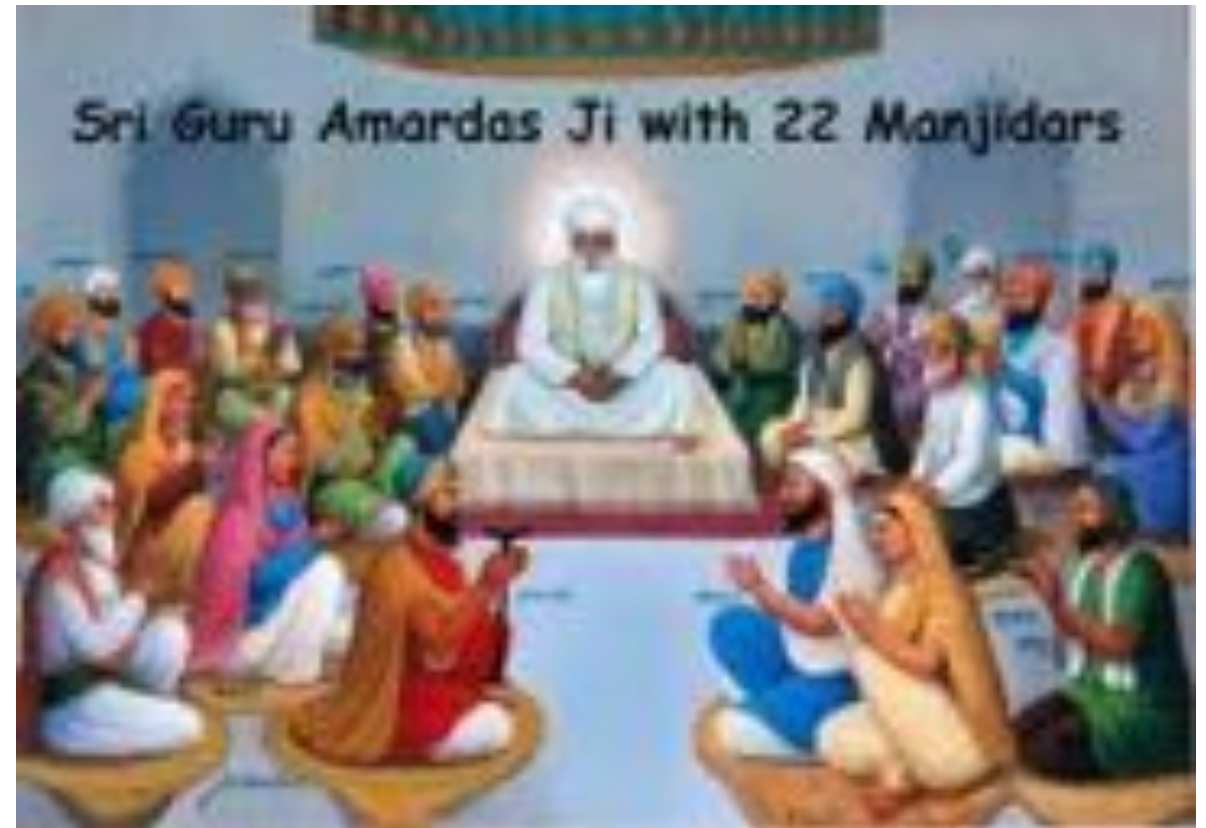
UPLIFTING WOMAN'S STATUS

- ❖ The status of women in Indian society at that time was very low
- ❖ Guru Ji stopped the Sati Custom which required the widow to immolate herself on her husband's pyre.
- ❖ Guru Ji also protected the rights of female infants who were killed unquestionably as they were deemed to have no status.
- ❖ The custom for the lady to cover her face was also stopped.
- ❖ These teachings were met with stiff resistance from the Orthodox Religious Leaders of that time.



PREACHING OF SIKH DHARAM

- His whole spiritual domain took the shape of 22 Manjis (Dioceses).
- The person in charge of the Manji would deliver the message of the Guru.
- He would be a devoted Sikh who was blessed by Guru Ji before he was appointed to that position.
- His function was to preach the mission of Guru Nanak, to keep the Sangat in touch with the Guru
- Guru Amar Das Ji established another organization called Peehris system
- Out of these 146 apostles, 94 were men and 52 women



TWENTY-TWO MANJI'S

1. **Gangu Shah Besi Khathri- Ambala**
2. **Bhai Soan Mal- Nagoke, Majha**
3. **Bhai Manek Chand-**
4. **Bhai Lalo Ji- Daley pind**
5. **Bhai Paro Ji-**
6. **Bhai Rang Das Ji- Ambala**
7. **Bhai Murari Ji- Lahore**
8. **Bhai Darbari Ji- Majitha, Amritsar**
9. **Bhai Fera Ji- Mirpur, Jammu**
10. **Bhai Mahesha Dir- Sultanpur**
11. **Bhai Cuha-Dherhan Khatri- Gurdaspur**
12. **Bhai Kedari Ji-Lumba Khatri- Batala**
13. **Bhai Sukhan Ji- Yamyal, Rawalpindi**
14. **Bhai Allah Yar Khan- village Della,**
15. **Bhai Sadaran Ji- from Goindwal**
16. **Bhai Raja Ram Ji- Brahmin**
17. **Bhai Rang Shah Ji- Melu, Jalandar**
18. **Bhai Mai Das Ji- Pind Daruli, Lahore**
19. **Bhai Handal Ji- Amritsar**
20. **Bhai Kheda Ji- Pind Khem Karan, Majha, Lahore**
21. **Bhai Sachan Sach Ji- Lahore**
22. **Bhai Beni Madho Ji- Lahore**

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GURUSHIP	25 th March 1552 A.D. at Khadur Sahib (3 days before Guru Angad Dev Ji, Jothi Joth) Chet Sudhi 1, 1609 (Bikermi)
AGE AT GURUSHIP	82 Years 11 months 10 days
TOTAL AGE	105 years 4 months 1 day
TIME AT GUR GADHI	21 years 5 months 14 days
LIFE SPAN	1469-1519 Household Life 1519-1541 Devotion for Gangga River 1541-1552 Life in company of Guru Angad Dev Ji 1552-1574 Guruship Period
REGIMES	<ul style="list-style-type: none"> ● Islam Shah (1545-1555 A.D.) ● Emperor Humayun (1555-1556 A.D.) ● Emperor Akbar (1556-1605 A.D.)

